Orland Hills Looking Forward to 2018

As we begin to prepare the 2018-2019 budget for the Village, all the good things that happened in 2017 come to mind. New business growth and recent opportunities will improve our revenue streams and allow us to maintain a sound financial status.

Business continues to grow in Orland Hills as construction continues on the new International Kia dealer that is rehabbing the former car lot and showroom on 159th Street at 88th Avenue. They will be selling Kia automobiles in early spring.

Starting at the Orland Town center, Aldi Foods is enlarging their store to add additional refrigerated and frozen food units. WALMART continues to expand with new online ordering and pickup services for food and dry goods.

The Orland Hills WALMART now serves as a six-state training center for store managers and departmental staff after adding a 3,000 square foot addition to our store. The addition at the backend of the store is a high-tech, state-of-the-art facility with several classrooms and a large lecture arena that can serve 200 trainees simultaneously with individual computer tablets.

“Training workers is the fundamental condition for sustaining a qualified and well prepared work force. We are extremely pleased that WALMART has chosen Orland Hills for employee training to lead the retail industry in the Midwest Region”, said Mayor Hastings as he attended and spoke to over 200 WALMART managers at the ribbon-cutting ceremony in September.

Lake Lorin Plans Move Ahead For 2018

Mayor Kyle R. Hastings and the Village Trustees have taken action to improve the Lake Lorin shoreline erosion that has taken place over recent years. High winds and increased wave action have caused soil erosion along the northern and eastern shorelines of the lake.

To begin the planning and construction program, a Subsurface Investigation Report has been prepared for review and analysis by the Village Engineer. The report will be the basis for the design of the shoreline restoration plan. The Village engineer is now in the process of investigating costs, materials and construction methods to plan for the improvements.

An environmental engineering firm has also been hired to provide Wetland Delineation and Permitting Services and Shoreline Design Assistance. This will include preparation of the U.S. Corps of Army Engineers Permit Application.

Field Reconnaissance of Lake Lorin has already been completed by the engineers. Three Public Participation meetings are being scheduled. The first meeting for residents is scheduled for Monday March 12, 2018 at 8:00pm in the Village Hall. One of the meetings to follow will be an open house with residents to allow for review and comments on the proposed plans.

Proposed site improvements will include the reconstruction of the shoreline to allow outdoor recreational users to stand on the shoreline and fish in Lake Lorin. Currently, the existing shoreline does not allow for this as the shoreline slopes into the lake.

– continued on page 2
Lake Lorin Plans Move Ahead For 2018

Big plans are now underway to rehabilitate the northeast shoreline of Lake Lorin. Years of wind and water erosion along the shore will require a full sub-surface investigation report to provide recommendations regarding the design and construction of site improvements to be completed in 2018. A fuller update article is included in this newsletter.

And lastly, the Village planted over 30 trees on Meadowview Avenue this past fall. As spring approaches, Village staff is researching and contacting State and local agencies to obtain additional funds for tree plantings.

Orland Hills residents should be very proud of all the successful accomplishments and improvements that have been made to our community during the past year. Our strong leadership, insight and relationship building efforts will continue to benefit of our community and the region.

Together, with continued success of our business partners and business expansion we will continue to address the mutual goal of reducing dependence on property tax. Our combined efforts will continue to provide the best educational and recreational opportunities for our children and young adults. Together we have achieved much, and we will continue the same efforts into the future.

For a full summary of Village departmental activities in 2017, please continue paging through this newsletter.

Lake Lorin

“Lake Lorin is named after former Mayor Lorin Schaub whose inspired actions helped to create the beautiful open space venues for our residents on the Lake Lorin. Lake Lorin and the surrounding wetland are regulated by the Army Corps of Engineers. The Lake is full of turtles, blue gill, catfish and large mouth bass. Assorted birds and wildlife are abundant throughout adjacent the wetland and Kelly Park.

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As a new year begins, let’s reflect on the past year and what the Public Works Department has been up to.

We started off 2017 with snowplowing. Snowplowing has always been the #1 priority in the Village. Our residents deserve the safest and cleanest streets! Not only did we snowplow, but we cleaned all senior citizens’ driveways so they were able to walk out of their homes safely to their vehicles or the dial-a ride bus. Even as all the plowing continued, so did repairs and maintenance on all the trucks.

When the snow melted and spring arrived, all the potholes were repaired after plowing season. Potholes are something we fill all year long.

Ashbourne Lake drains were repaired for proper drainage. Also, throughout the year we pull all trash and debris from sewer drains to help water flow properly. Various storm sewers that were broken or sunk were repaired. Public Works cleaned and cut all ditches from 94th Avenue to Highview. Three of the ditches were repaired, re-graded and new grass mats were installed. Maintenance of all Village property including all retention areas, tot lots, Lake Lorin and Lake Ashbourne always keeps us busy.

We coordinated this season’s major work projects. Three streets were repaved from 167th Street to 169th Place - 90th Avenue, 91st Avenue, and Hobart Avenue.

Public Works will be replanting as many trees as possible to replace the canopy of our Village since the removal of our trees from the Emerald Ash Borer. Another on-going responsibility is the tree trimming throughout the Village. Parkway trees are groomed when they hang excessively over the street. Also, fallen branches are picking up on a daily basis.

The Public Works Department sets up for all recreational activities. This past year, the Party in the Park celebration kept us very busy with set up, clean up, and take down. This was our busiest fest ever!!!

Also, Public Works has been busy with keeping a close eye on vacant homes while we are driving through the Village streets. When a home appears vacant or the yard seems unmanaged, we report the home as vacant, and determine who owns the house to maintain the property. If it is too unsightly, we cut the grass and pick up whatever is there.

As residents, feel free to call the Public Works Department if you notice a house that has been vacant or is just unsightly. The Public Works Department will schedule Public Works staff to do whatever needs to be done.

The Public Works Department along with the Recreation Department repaired and re-stained the Boardwalk. This was quite a chore. The Boardwalk is in the Pepperwood Subdivision and is a path sure to be seen. If you haven’t walked it, come out and take a look. It is like a picture from a book. You can enter from Haven Avenue, Rachel Ct., Kelly Ct., or Boardwalk Terrace. This is our very own nature area. Lastly, if you haven’t noticed…all the fire hydrants have been painted!

As you can see, the Public Works Department has been busy. We enjoy making our Village a beautiful place for our residents to live.
ORLAND HILLS RECREATION DEPARTMENT

As we look back in to the 2017 year, the Orland Hills Recreation Department under the Administration of Mayor Kyle R. Hastings and the Village Board of Trustees would like to highlight some of the year’s accomplishments. In the year of 2017, numerous accomplishments were made which consisted of capital improvements, special events and recreational programming.

Wetland Burn
During the winter season of 2017, a wetland land burn was performed at the Pepperwood Wetland Basin by Christopher Burke and Associates.

NEW and improved Holiday lighting was added to the Community Center and to the Arborvitae trees west of the tennis courts at the Community Center parking lot in addition to the Kelly Park front entrance. During the spring of 2017, the Easter Bunny Egg Hunt had more than 600 residents, young and old participate in this event. Resident children searched for candy and toy Easter eggs in the gymnasium. The egg hunt was a great success.

Enhancements Around Town
During the spring of 2017 many different types of capital improvements were performed at the Recreation Department. These improvements occurred outside of the Community Center, Kelly Park and Ridgegate Park. At the Community Center, new exterior lighting was installed at the front entrance. At Kelly Park, two utility sheds were remodeled. One shed is by the northeast Community Center parking lot and the other shed is located at the northwest area of diamond #5. Additional mix along with a regrade of the infields, with new bases and anchors were installed at the Kelly Park Baseball Diamonds. At Ridgegate Park, the baseball infield diamonds were raked, deweeded, regraded and edged. The baseball fencing was relit and repaired for outdoor play.

In the summer of 2017, safety mulch was added at the Community Center, Village Hall and the 167th flower gardens. Safety mulch was added and topped off to the boarders at all tot lots. The tot lot adult swing sets and infant swing sets along with the connecting chains were inspected, repainted or replaced. The outdoor bleachers, picnic tables, barbeque grills and park shelters at Kelly Park were scraped and repainted. The outdoor asphalt pad near the Kelly Park Field House was cleaned and resurfaced. The resurfaced asphalt area looks as good as new.

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Mayor Kyle R. Hastings and the Village of Orland Hills had a special visitor on Saturday, December 2nd!!! Guess who came to town? Yes...the man in the red suit! As the crowd anxiously waited for Santa to arrive, they were treated to holiday music, hot chocolate, and cookies.

Santa arrived by Helicopter at Kelly Park to the delight of all the children. After receiving the magic key from Mayor Kyle R. Hastings (that allows Santa to enter homes with no fireplaces), he climbed aboard a horse drawn carriage for a ride through all the Village streets.

The Residents of Orland Hills were also treated to Holiday Carriage Rides. This event was held after Santa Came to Town at the Kelly Park Field House from 11:00am-2:00pm. Hot chocolate and cookies were served. More than 70 families had an opportunity to ride in a horse drawn carriage. All that was missing was snow!!!

We would like to thank the following people for helping make these holiday events so special: Mayor Kyle R. Hastings, Trustee Kyle Hastings II, Trustee Joe Janachowski, Trustee Marcia Kissane, Trustee Candice Morrison, Trustee Curt Petrey and Trustee Tracy Roti. We would also like to thank EMA Director Bill Leddin, the Orland Hills Police Department, the Orland Hills Cadets, along with Community Service Students from Victor J. Andrew and Carl Sandburg High Schools.

20th Annual Holiday Ice Skating Party
The Orland Hills Recreation Department finished the holiday activities on December 27th with our 20th Annual Holiday Ice Skating Party at the Arctic Ice Arena. This event was free to all 130 village residents. The Orland Hills Recreation Department would like to thank Mayor Kyle R. Hastings and the Board of Trustees for offering not only this event, but all of our holiday events. We are glad the Village can offer these programs to our residents!!!

Holiday Candy Count Winner
Congratulations to Jenna Elkhatib who guessed 105 pieces of candy in the jar which actually had 106 pieces. Great guess Jenna! Hope you shared with your family

Coloring Contest Winners

4-6 year olds
1st Place  Sajib Comaa
2nd Place  Dylan Kurtis
3rd Place  Jenna Dawson

7-9 year olds
1st Place  Aneesa Ghusein
2nd Place  Julia Lizak
3rd Place  Austin Bolek

10-12 year olds
1st Place  Madison Homending
2nd Place  Bryce Rehe
3rd Place  Jacqueline Escalante

Holiday House Decorating Winners

1st Place • The Kruger Family – 16551 Bridgette Court
2nd Place • The Michalec Family  
16778 Hilltop Avenue
3rd Place • The Navarro Family  
16744 Hilltop Avenue
This year the Orland Hills Hills Recreation Department was very proud to offer a new event. The Polar Express was held on Saturday, December 9th and over 100 residents participat-ed in this joyous event!

The event consisted of a round trip Metra ticket train ride that began at the 80th Avenue Tinley Park Train Station to the Joliet Train Station and back. During the ride, the “Polar Express Story” was read to all the train riders while a snack was passed out.

At the Joliet Train Station, the riders looked for Santa and found him. Santa took pictures, rode on the train, sang songs, and passed out the “Believe Bell”. Pictures with Santa were also offered and taken at Parmesan’s Restaurant Station. After pictures, hot chocolate was served by the Recreation staff to the residents leaving and going to their cars.

This past August, Hurricane Harvey devastated the City of Houston and the surrounding suburbs. News reports came in of the catastrophic damage from flooding. After seeing count- less stories of families being displaced, an overwhelming “must help” feeling set in.

I was able to speak with the Representatives from Katy Independent School District, located in the Houston suburb of Katy, and learned they were using schools as shelters for the dozens of families that lost their homes from the floods. Friends, neighbors, and residents of Orland Hills came together and donated over 125,000 pounds of sports drinks, water, linens, bleach, and pet products. Our team drove six 26’ trucks from Orland Hills to Katy, TX, which also included one 53’ foot semi truck and two 26’ trucks that left after we returned with more supplies to help. The ‘Operation Friendship’ motto was friends help friends in a time of need, and treat others the way you would want to be treated. Our motto was shown within 5 days as a collective effort of Orland Hills residents, neighbors of other communities, and dozens of organizations came together for one cause, to help others in need.

I can’t express enough how thankful I am for a giving community that I call home; the foundation of “Operation Friendship”.

FROM THE DESK OF TRUSTEE KYLE R. HASTINGS II
VILLAGE OF ORLAND HILLS
24th ANNUAL
“DESIGN THE VILLAGE VEHICLE STICKER” CONTEST

The Village of Orland Hills is pleased to carry on the tradition to host the annual vehicle sticker art contest. The Village’s vehicle stickers are due for renewal July 15, 2018. Therefore, it is time to turn to the artistic talent of our young Village residents to get involved in their community and design a sticker that reflects what they feel the Village represents. The rules are as follows:

1) The design must be done on an official entry blank (attached). Entry blanks will also be available at the Village Hall and Recreation Center.

2) Each child turning in a drawing must be an Orland Hills resident under the age of 14, as of January 1, 2018.

3) Only one entry per child is allowed; multiple entries will disqualify you from the contest.

4) Up to 5 colors may be used, as well as a color background. Ink pens, crayons, or markers are acceptable. No glitter or attached decorations, please.

5) All entries must be received at the Village Hall no later than closing time (4:30 p.m.) on April 13, 2018. There will be no exceptions!

The entry form is created for easy mailing. Just fold in three with the drawing on the inside and staple or tape closed. Now all you need to do is add a stamp or hand deliver to the Village Hall. There is a mailbox drop in front of both the Village Hall and Recreation Center. The name of the artist is located on the back of your entry so that the judges will not know who the artist is when looking at the entries.

The “Top Five” entrants will be recognized with their framed drawing and a picture with Mayor Kyle Hastings. That photograph will be in the Village Newsletter for the whole Village to see. The “Top Five” winners are entitled to purchase one of the first five vehicle stickers, in the order of their finishing. The entries will be judged based on neatness, creativity and a positive portrayal of the Village.

The number 1 entry will then be taken to the printer, to transfer a likeness of the drawing onto a 3” by 3” sticker, with small changes, if needed, to accommodate the inclusion of necessary information. As is the custom, the “Top Five” winning entries will be displayed at the Village Hall.

For further information or questions, please feel free to call the Village Hall (349-6666) and ask for Karen.

GOOD LUCK!

This activity is not sponsored by local School District 140, any of its schools, or groups officially associated with the District.
The 2018 Winter Recreation booklets were mailed to every Village household during the week of January 8th. If your household did not receive a Winter Recreation booklet please call the Recreation Department at 708-349-7211 and we will mail you one. You can also visit our website at www.ohrecreation.org

Community Center Hours:
Monday through Friday:
8:00 a.m. - 10:00 p.m.
Saturday:
9:00 a.m. - 5:00 p.m.

Community Center Location:
Orland Hills Community Center
16553 S. Haven Avenue • Orland Hills, IL • 60487-5637
Phone: 708-349-7211
www.ohrecreation.org

All Resident children are invited to the Community Center between March 12th and March 24th to count the candy in our jar! One guess per person, contest is open to all Resident children. In case of a tie, a drawing will be held to decide the winner. Winner will be announced March 26th.

Beginning March 12th, all Residents may pick up a picture entry for the Easter Coloring Contest. Entries are available at the Community Center. Age groups are 4-6 yrs., 7-9 yrs., and 10-12 yrs. Winners will be announced on March 26th.

Come to the 25th Annual Easter Egg Hunt, Saturday March 31st at 10am at the Community Center. Meet the Easter Bunny, hunt for eggs, candy and treats, a hoppity good time.

3 yrs & under
4-5 yrs.
6-7 yrs.
8-9 yrs.
10-12 yrs.
13 to adults
Do you know about our Dial a Ride Program?

Need a ride? Dial a Ride! Our bus driver, Gus will be glad to pick you up and bring you back. You must request service 24 hours in advance. Call 349-0583 to schedule your pick-up!

Traffic Safety

Mayor Kyle Hastings and the Village of Orland Hills Police Department are committed to the safety of our residents. Accordingly, the Mayor is asking residents to please exercise caution while driving.

Many of our residents are very lax about coming to a complete stop at stop signs and exceeding the post speed limits. Many drivers are driving while distracted.

Distracted driving isn’t just using your cell phone while driving. It’s any activity that takes your focus off of driving. Eating, drinking, and or applying make-up while driving are all considered actions that constitute distracted driving.

The police department will strictly enforce traffic violations.

DO YOU KNOW A PET LICENSE IS REQUIRED?

All dogs and cats over four months of age need a pet license tag. Just bring a valid rabies vaccination certificate from a registered veterinarian, showing the animal has been inoculated. Fees are as follows:

- Spayed or Neutered ………………… $2.50
- Not Spayed or Not Neutered ……… $4.00

Limit on Pets:

Just to remind our residents about existing Village Code limitations; it is a nuisance and is unlawful for any person to own more than five (5) dogs, or any combination of dogs and cats totaling five (5)...

Please Do Not Feed The Wildlife

The Orland Hills Recreation Department would respectfully request that all residents do not feed the wildlife. This rule will be strictly enforced by the Orland Hills Police Department.

If you have any questions, please contact the Orland Hills Recreation Department at 349-7211.

If you keep feeding them…they will keep coming back!

Village Pet Information

DO YOU PICK UP THE POOP AFTER YOUR DOG?

Regardless if you are walking your dog around the neighborhood or at one of our parks or trails, you should bring a scoop and pick up the poop!! (A plastic bag is good to bring) Please clean up after them!

In addition, it is unlawful for animals to roam or walk unleashed. Fines are listed on the signs in the parks. Keep in mind… the parks are for the recreational use of our residents, especially our children. If you are walking your dog around the block and it poops on someone’s lawn… pick it up.

Please pick up the poop on the pile of snow because we all know what happens when the snow melts and there are tons of dog piles of poop all over the village. Just clean up after your dog!!! It’s that simple!!!

Please drive safely!

The Orland Hills Emergency Management Agency (EMA) is seeking volunteers who are interested in serving the community. EMA members meet monthly and regularly train in things such as crowd control, traffic duties, and first aid.

EMA’s role during an emergency such as a tornado or natural disaster is to work with the Police and Fire Departments directing traffic, providing security, and assisting with evacuations and other duties.

The police department will strictly enforce distracted driving. Eating, drinking, and or applying make-up while driving are all considered actions that constitute distracted driving.

Just A Friendly Reminder

Village Ordinance 95-04

Snow and ice removal from public sidewalks adjacent to owner’s property shall be the responsibility of the property owner. No person shall cause or permit the shoveling, plowing, dumping, throwing, pushing or depositing of snow, ice or seasonal debris from private property, public property or from the driveway or public sidewalk onto the street area. Snow and/or ice may be deposited on the sidewalk right-of-way or grass area, adjacent to single family homes, providing said snow and/or ice does not create a nuisance problem at intersection or driveway opening onto the street.

Violations of any section or provision of this ordinance shall result in a fine, not less than $50 or more than $750. Each day of violation shall be deemed a separate offense.

ORLAND HILLS EMERGENCY MANAGEMENT AGENCY SEEKS VOLUNTEERS

Members are viewed as a critical component of the Village Disaster Plan. Interested persons should be 17 years of age or older, have a valid driver’s license, and be able to pass a background check.

If you are interested in joining, please pick up an application at the Police Department or call Director Bill Leddin at 708-497-0300.

Reminding All Residents During Snow Plow Season:

Please remove all portable basketball nets from the street and/or close to the street!!!

The village is not responsible for damaging with the snow plow.

Thank you in advance for your cooperation!
Keep Your Valuables Safe

Every day, people across America fall victim to crimes. A majority of these incidents are "crimes of opportunity". Crimes of opportunity are crimes that are unknowingly facilitated by the victims, such as leaving your car or home unlocked. A criminal will take advantage of these situations to deprive you of your possessions.

While Orland Hills does not have a high crime rate, some of our residents and people who visit our village have been victimized by a criminal act. Many of these incidents could have been avoided by simply locking a car door or not leaving valuables in plain sight. Some criminals will steal your possessions no matter how hard you try to safeguard them.

Following these tips may help keep your valuables in your possession:

- Always lock your car when leaving it unattended.
- Never leave your car running unattended.
- Trim back high bushes near your doors and windows.
- Turn on outside and inside lights when you’re not at home.
- Have a neighbor pick up your mail and newspapers when you are on vacation; better yet have them park in your driveway while you’re gone.
- Be creative when hiding or storing your valuables. Most people store them in the bedroom which is the favorite spot for thieves. Keep expensive jewelry in a safe or safe deposit box.
- Always record serial numbers of valuable electronics. Take photographs of them as well. It can help with an insurance claim.
- Place a “Beware of Dog” sign in your yard or window.
- Consider a home alarm system. AND most of all be vigilant. If you see something suspicious, or people or cars that aren’t usually in the neighborhood…call the police.

Tips From The Building Department

Winter is here! YUCK!! Spring will be here before you know it. While you are enjoying yourself inside or out, please take some time to keep your home safe. Here are some tips that could help.

- While inside, set aside time to inspect extension cords and all the cords in your home. We forget about those cords behind beds, dressers and other furniture. Old cords can become brittle and crack or the plugs can wear out causing your possessions to your electronics, or worse, a house fire.
- Now is the time to inspect the batteries in your smoke detectors, or better yet, install some new ones. At the very least you should have a smoke detector on every level of your home. Inspect windows in all bedrooms to ensure they easily open for exit, in the event of a fire. Keep an up to date accessible fire extinguisher in the kitchen and garage.
- On the outside, have someone inspect your roof for damaged shingles. Inspect chimneys and vents for bird nests and other debris. Install a chimney cap on your fireplace to prevent animals from building nests in your chimney.
- Clean out gutters and soffit vents to prevent ice from backing up under shingles causing water damage to walls, ceilings and soffits. Remove your hose from outside faucets. When you leave your hose connected to the faucet, the water trapped in the pipe can freeze and crack the pipe causing water damage in your home. It’s not unusual to see a thunderstorm in the middle of winter. Winter storms are sometimes more of a threat than summer storms. Because of ice, snow and frost in the ground, rainwater cannot soak into the ground as it does in summer, it can only travel overland to ditches and sewers. To help protect your home against winter floods, adopt a storm sewer in front or back of your home. Keep ice and snow away from sewers to prevent flooding. Also keep ice, snow and debris away from downspouts and especially, sump pump discharge outlets.

There have been complaints about residents warming up their cars in driveways between houses. If you are one of these residents, you are causing a potential threat to you and your neighbor. The noise and vibration from the engine is very irritating. Exhaust fumes can enter the home through windows and gaps in the walls, causing a dangerous and deadly situation. If you sit in your car and warm it up on those cold mornings, please have the courtesy to pull your car away from your neighbor’s house. If you have any questions, call the Building Dept. at 708-349-4887. Have a safe winter, remember – nicer weather is right around the corner!!!
COMMUNITY CENTER/PARK USAGE RENTALS

Contact the Recreation Department at 708-349-7211 to reserve a date and time for usage of the party room, indoor gymnasium, baseball fields or picnic area. Please note a usage fee and maintenance deposit are required to insure the site is clean after use. There is a special rate for Village Residents if they would like to rent the “Kay Gnech” Multipurpose Room. The special rate is $150.00 for a five hour rental. The fee includes room setup and teardown.

The Village of Orland Hills is currently accepting applications:

Part-Time Employment

RECREATION ASSISTANT 1

The Village of Orland Hills is now accepting applications for Part-Time Recreation Assistant 1. This position consists of part-time recreational duties and light cleaning duties in the Community Center which would consist of the building, office and in the field. This position will cover weekday evening hours from 4:30pm until 10:30pm and some weekend hours, which are Saturday from 9:00am until 5:30am. Application forms may be obtained at the Orland Hills Community Center, located at 16553 S. Haven Ave. Orland Hills, IL, during regular office hours from 8:00 until 4:00. For more information, please contact the Recreation Department at 708-349-7211.

Part-Time Employment

PASSENGER BUS DRIVER

The Village of Orland Hills is accepting applications for the position of a Part Time PACE Passenger Bus Driver. Hours are 7:30am to 4:00pm. Dial-a-ride service is offered in the Village and surrounding area. Applicant must have High School Diploma or G.E.D, valid Illinois Drivers License, and 21 years of age minimum. Prior progressive experience in passenger bus driving is advantageous. The position requires proficiency in people skills and the ability to use sound judgment. Must have a desire to work in a “team oriented” environment. A condition of employment will be the successful completion of a physical examination, a thorough background clearance and the standard IDOT Drug & Alcohol Screening. Driver training will be provided by PACE Bus. Starting wage is $11.25 per hour. The Village of Orland Hills is an Equal Opportunity Employer. Position open until filled. Application forms are available at the Village Hall/ Clerk’s Office at 16033 S. 94th Avenue, Orland Hills, Illinois, from 8:00 AM until 4:30 PM, Monday through Friday, 708-349-6666.

NEW CLASSES AT THE ORLAND HILLS COMMUNITY CENTER

DO NOT MISS YOUR OPPORTUNITY TO ENER-CHI!!!

ENER-CHI is an energetic blend of Tai Chi, Yoga, Qi Gong, Traditional Stretching and Meditation with the intention to enhance and restore natural energy, balance, strength, mobility, mental calmness and clarity, and heart/lung capacity.

All ages/abilities are welcome. Class is performed standing, but can be done in a chair.

Instructor is Nancy Norkiewicz

CLASS MEETS – Every Tuesday at 10 am & Every Thursday at 5:30 pm

Cost – Single Class Pass- $8 / Monthly Unlimited Pass -$25 / Yearly Unlimited Pass $190

For more information call: 349-7211

BE NOT SURE TO ATTEND OUR FREE MONTHLY EVENTS

Wednesday, February 14th – 7:30 pm
YOGA HEART CELEBRATION

Wednesday, March 21st – 7:30 pm
GLOW-CHI SPRING EQUINOX

Monday, April 16th – 7:30 pm
TOP 10 CORE & CARDIO EXERCISES

Wednesday, May 9th, 7:30 pm
TIBETAN RITES OF REJUVENATION

Thursday, May 17th, 7:30 pm
FREE CPR – ORLAND FIRE

Monday, June 19th, 7:30 pm
HIP HOP DANCE CARDIO

Wednesday, July 20th, 7:30 pm
YO-CHI – SUMMER SOLSTICE

The Village of Orland Hills – free activities!

ORLAND HILLS COMMUNITY CENTER

Application forms may be obtained at the Village Hall/ Clerk’s Office at 16033 S. 94th Avenue, Orland Hills, Illinois, from 8:00 AM until 4:30 PM, Monday through Friday, 708-349-6666.

JOIN FIT CITY ... IT’S FREE!

Each New Year brings with it high hopes for potential self-improvement. But very often resolutions emphasize making changes that take away the things we enjoy. This is a primary reason so many fail, and why I propose adding to, rather than subtracting from your current lifestyle. I’d like to suggest increasing your consumption of green vegetables – at every meal if possible. While there are many conflicting “healthy” eating plans to choose from, all agree on getting more greens. And rightly so, as greens provide a hefty source of vitamins, minerals, anti-oxidants, and phytochemicals to boost immunity and ward off cellular damage and disease. With high water and fiber content, greens are nutrient-dense with low calories, helping you to feel fuller, longer. They also help regulate blood sugar and enhance digestion, elimination, and overall gut health, resulting in natural detoxification and enhanced nutrient absorption.

As you embark on this healthy 2018, rather than fretting about what you have to lose, why not celebrate all you have to gain by going green!

Nancy’s FIT TIP

Nancy Norkiewicz

Swallow Cliff
Walk or Stairs
7 am Parking Lot

SUNDAY

Cardio
7:30 pm
Rec Center

MONDAY

Yoga
7:30 pm
Rec Center

WEDNESDAY

Walk Club
6 am
Kelly Park

FRIDAY

Circuit
9 am
Rec Center

SATURDAY
Out of Village mailings - The Village of Orland Hills extends its sincere apology to any of its neighbors, for any inconvenience from the United States Postal Bulk Mailing Regulations, by which some individuals are delivered Village Newsletters and Park District brochures even though they reside outside the Village of Orland Hills boundaries. Such individuals nevertheless, shall be assessed Out-Of-District fees for Recreation Activities.

IMPORTANT TELEPHONE NUMBERS

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
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<tbody>
<tr>
<td>Administration</td>
<td>349-6666</td>
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<tr>
<td>Building Department</td>
<td>349-4887</td>
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<tr>
<td>DIAL-A-RIDE</td>
<td>349-0583</td>
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<tr>
<td>Emergency Services</td>
<td>349-2388</td>
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<tr>
<td>Fire District (non-emergency)</td>
<td>349-0074</td>
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<tr>
<td>Police (non-emergency)</td>
<td>349-4434</td>
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<td>Public Works Department</td>
<td>349-6792</td>
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<td>Recreation Department</td>
<td>349-7211</td>
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<td>Village Hall</td>
<td>349-6666</td>
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<td>Orland Hills Library Dist Office</td>
<td>349-0319</td>
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<tr>
<td>Tinley Park Library</td>
<td>532-0160</td>
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President Kyle R. Hastings
Clerk Jen Iannantone
Trustee Joe Janachowski
Trustee Kyle Hastings II
Trustee Candice Morrison
Trustee Curt Petrey
Trustee Tracy L. Roti
Trustee Marcia Kissane

EMERGENCY (FIRE OR POLICE) – 911

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<thead>
<tr>
<th>Service</th>
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<td>WATER</td>
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<td>CABLE</td>
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<td>AT &amp; T Uverse</td>
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<td>GAS (natural) NICOR</td>
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<td>PHONE</td>
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<td>GARBAGE</td>
<td>Waste Management</td>
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<td>United Way Crusade</td>
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<td>Together We Cope</td>
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<td>Aunt Martha’s Youth Services</td>
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<td>Park Lawn</td>
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<tr>
<td>(Developmental Disabilities)</td>
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<td>Animal Welfare</td>
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<td>Soc. Security Administration</td>
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<td>State Directory of Illinois</td>
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<td>Dept. of Children &amp; Family Services</td>
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<td>Tinley Park Post Office</td>
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<td>Veterans Affairs</td>
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<td>Cook County</td>
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<td>Public Aid Office</td>
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<td>Orland Township</td>
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<td>Orland Township Youth Services</td>
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<td>Elementary Schools</td>
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<td>Dist. #135</td>
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<td>Dist. #140</td>
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<td>High School</td>
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<td>Dist. #230</td>
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<td>J.U.L.I.E</td>
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<td>Dept. of Motor Vehicles</td>
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<td>Driver License Facility at the Orland Park Village Hall</td>
<td>708-403-6100</td>
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DATES TO REMEMBER

President’s Day . . . Monday, February 19
Daylight Savings . . Sunday, March 11
St. Patrick’s Day . . Saturday, March 17
Easter . . . . . . . . . . Sunday, April 1
Mother’s Day . . . . Sunday, May 13
Memorial Day . . . . Monday, May 28

In observance of the following Holidays, the Village Hall will be closed on Monday, May 28th

VILLAGE HALL HOURS:
Monday, Wednesday, Thursday and Friday 8:00am until 4:30pm • Tuesday 8:00am until 7:00pm.